2016 ISSUE 2

More Than a Game Learning to Bounce Back from Life's Challenges



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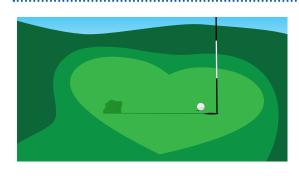
The Tartan Golf Classic Celebrates 30 Years

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Save the Date for Treasure Street



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On front cover: Patient Zach, age 18, of Richardson

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· Letter from the President







ROBERT L. WALKER President/CE0

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IT IS A GOAL OF TEXAS SCOTTISH Rite Hospital for Children

that the patients and families we serve come to know the hospital as a place of hope and healing. As they walk through our doors, they are greeted by caring volunteers and staff and provided with exceptional care by our clinical team. What many of these patients and families may not realize is that

at Scottish Rite Hospital, we don't just prescribe treatments — we invent them.

Our researchers and physicians are constantly exploring ways to improve the standard of care for children with pediatric orthopedic conditions. Our Board of Trustees has a Research Committee, led by Chairman Robert A. Northcutt, Ph.D., and Vice Chairman James D. Nyfeler, Sr., who provide oversight and support for the research team. The research staff of 51 interacts with virtually every department of the hospital. This group has nearly 150 active research projects underway, focusing on everything from scoliosis bracing to genetic bone disorders.

Research is a critical part of our mission. It is also the engine that drives our patent development. The hospital has more than 25 registered patents. These innovations range from spinal implant systems to external fixation systems used in limb lengthening, with more on the horizon.

Why are patents important? In many ways, they are a measure of our success as pediatric orthopedic leaders and innovators. More importantly, **these advancements translate directly to improved care for our patients and children everywhere.**

Hospital patient Prajith, who was treated for severe scoliosis, is a wonderful example of this. When Prajith arrived, he was self-conscious about his posture but with expert care, supported by outstanding research, he now stands tall and confident.

Our patients may not realize that **we hold patents on some of the most widely used pediatric medical devices in the world.** They may have no idea that we dedicate thousands of hours to research and development, which helps them play soccer, play the violin or simply play with their friends.

And that's just fine with us because at Scottish Rite Hospital, we spend our time continually improving care so our patients can spend their time on other things — like being a kid.

Last fall, patient Prajith, age 10, of Austin, represented the hospital at a painting event hosted by artist Christopher H. Martin at his Dallas gallery.







At the 1990 Tartan Golf Classic, J. C. Montgomery, Jr. (at left), then president of Scottish Rite Hospital, is pictured with the late James F. Chambers, Jr., who was vice president of the hospital's board, and the late Charles E. Seay, Jr., hospital friend and generous supporter.

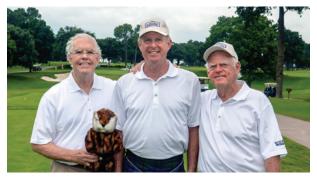
TARTAN GOLF CLASSIC The Tartan Golf Classic celebrates 30 years.

EVERY SPRING SINCE 1987, a group of dedicated hospital friends have come together to participate in the Tartan Golf Classic at Brook Hollow Golf Club in Dallas. The tournament was a shared vision of the late James F. Chambers, Jr., who was a vice president of the hospital's board, and J. C. Montgomery, Jr., who was then president of the hospital and is now executive chairman of the TSRHC Foundation. This year the tournament celebrates its 30th anniversary and the friendships formed while supporting a mission that is close to the heart, the mission of Scottish Rite Hospital.

Since its founding, Tartan has become one of the finest charity golf tournaments in Texas. Loyal supporters fill the player spots year after year.

"We have folks who have been with us from the beginning and great new friends we've made along the way. Their commitment benefits our patients every day," Montgomery says. "Also, the membership of Brook Hollow, one of the top golf clubs in the country, has been a vital part of the tournament's success."

In 2016, Tartan surpassed the \$6 million mark in proceeds donated to Scottish Rite Hospital. These funds have benefited areas such as the hospital's Orthotics and Prosthetics department, the Allan Shivers Park renovation



L to R: Tartan Honorary Co-chairman Win Padgett, 2016 Tartan Chairman Rick Bauer, and Tartan Honorary Co-chairman and Scottish Rite Hospital Trustee Jim Chambers, son of Tartan co-founder James F. Chambers, Jr.

and the Charles E. Seay, Jr. Hand Center, to name a few.

Honorary Tartan Co-chairmen Jim Chambers, a Scottish Rite Hospital trustee, and longtime hospital friend Win Padgett, as well as 2016 Tartan Chairman Rick Bauer and a board of more than 50 hospital friends help make the tournament possible. By recruiting players, donating player prizes and largely underwriting tournament expenses, the board ensures that the Tartan will continue to be a success for years to come.

Scottish Rite Hospital is grateful to all of the players, volunteers and supporters of the Tartan Golf Classic. We look forward to the next 30 years! O





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for an

RSVP by August 8 to crayonclub@tsrh.org.

Crayon Club memberships will be available online beginning August 1 at scottishritehospital.org/CrayonClub and can be purchased at the event as well.



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- And Andrew Market

DANIEL J. SUCATO, M.D., M.S. Chief of Staff

Pillars Supporting Our Mission

AT SCOTTISH RITE HOSPITAL,

there are three focal points we consider our pillars — **patient care, research and education.** We refer to these as our pillars because we rely on each element to support the platform from which we pursue our mission. A good example of this is

the hospital's recent Brandon Carrell Visiting Professorship,

which was named in honor of our second chief of staff (see article below). This annual conference allows us an

opportunity to educate and inform medical professionals about our latest research findings and ultimately, elevate the standard of patient care and treatment.

This year, Scottish Rite Hospital staff orthopedist Amy L. McIntosh, M.D., directed the Brandon Carrell conference, which featured **Gregory Mencio**, **M.D.**, as our visiting **professor**. He is a professor of Orthopedics and Rehabilitation at Vanderbilt University Medical Center and the director and chief of the



Gregory Mencio, M.D., visiting professor of the annual Brandon Carrell Visiting Professorship, with Arny L. McIntosh, M.D, Scottish Rite Hospital staff orthopedist and director of the conference

Division of Pediatric Orthopedics at the Monroe Carell Jr. Children's Hospital at Vanderbilt.

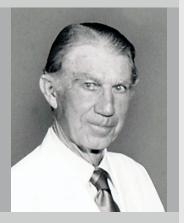
Our staff had another opportunity to share our research and exchange ideas with other medical professionals at the Pediatric Orthopaedic Society of North America's (POSNA) annual conference in May. During the meeting, Lori A. Karol, M.D., a hospital assistant chief of staff, marked the completion of her one-year term as **POSNA's first woman president.** She will maintain an active leadership role with the organization for the next three years. We are privileged to have such a world-class surgeon and caring leader representing Scottish Rite Hospital.

Another POSNA highlight included the hospital's

Harry Kim, M.D., M.S., director of Research and the Center for Excellence in Hip Disorders, being awarded the **Best Basic Science Paper for the eighth time.**

Much like our foundational elements of research, education and patient care, **each member of our team is a pillar.** We support one another, hold up our ideals and together we stand strong in our commitment to improving the lives of children with orthopedic conditions.

HOSPITAL PIONEER



Brandon Carrell, M.D. | 1910 – 1981

BORN IN DALLAS IN 1910, BRANDON CARRELL

was the son of Beulah and W. B. Carrell, M.D., Scottish Rite Hospital's first chief of staff. He attended Washington and Lee University and went on to earn his medical degree at Northwestern Medical School. He performed postgraduate work at both Northwestern Medical School and Johns Hopkins University and Hospital.

Carrell followed in his father's footsteps and returned to Dallas to specialize in orthopedics. He participated in the nation's first orthopedic program that rotated residents through three major centers — Texas Scottish Rite Hospital for Children, Parkland Hospital and Baylor University Hospital. Following his training in 1939, he joined the Carrell Clinic, named after his father. Shortly after W. B.'s death in 1944, the young orthopedist followed in his father's footsteps again as the hospital's second chief of staff, from 1945-78. He served as chief of staff emeritus until his death in 1981.

In addition to his hallmark patient care, Carrell's legacy lives on through the hospital's annual Brandon Carrell Visiting Professorship, annual Carrell-Krusen Neuromuscular Symposium and Brandon Carrell, M.D., Medical Library.

Carrell and his late wife, Nancy, were married 50 years. Their daughter, Helen, and her husband, Don Mann, and the Carrell's son Stewart, and his wife, Jacqueline, carry on the family legacy through their dedicated support of Scottish Rite Hospital. •

Scottish Rite Hospital Patients Support Landmark Research

A NEW STUDY ON LUPUS COULD DRAMATICALLY IMPROVE TREATMENT of the autoimmune disease. Published in the top-tier journal *Cell* and written by Virginia Pascual, M.D., of Baylor Scott & White, the research could not have been conducted without patients from Scottish Rite Hospital and other medical institutions, which study childhood disorders, providing blood samples to support the research.

For more than 20 years, the hospital has supported patient-focused research that collects blood and tissue from patients and their families in an effort to discover the underlying causes of pediatric musculoskeletal conditions. The result is a massive "biobank" that makes research like the lupus study possible.

"Our biobank is our Fort Knox, filled with tiny bits of gold that our patients and their families have shared with us," Carol Wise, Ph.D., the hospital's Director of Basic Research and Molecular Genetics told the *Fort Worth Business Press* for its Research Texas issue.

For the lupus study, Pascual and her co-authors, including the Rheumatology team at Scottish Rite Hospital led by Marilynn Punaro, M.D., examined gene transcription in 924 blood samples from 158 pediatric lupus patients. This personalized approach of identifying how the disease is expressed over time in different cells will allow physicians to tailor the treatment of lupus.

"This landmark study has the potential to dramatically improve treatment and quality of life for



the hundreds of thousands of people suffering with lupus," Pascual says.

All told, patients have provided thousands of blood samples to support the hospital's research efforts. These samples have been critical for discovering the causes of scoliosis, juvenile arthritis and other pediatric musculoskeletal conditions. These discoveries are fueling new research to improve treatments and outcomes for hospital patients and children everywhere. \bigcirc

Patients like Jeriah, age 10, of Greenville, benefit from the hospital's groundbreaking research.

Scottish Rite Hospital Announces New Patents

THE HOSPITAL'S CENTER FOR EXCELLENCE IN LIMB LENGTHENING AND RECONSTRUCTION

has recently received two new patents. The patents are related to critical components of the TL-HEX external fixation device (pictured at right), which is used for patients undergoing limb lengthening and reconstruction treatment. The device has the capability to perform multiple corrections to the bone simultaneously, including lengthening, rotation and compression.

With these recent innovations to the device, the hospital now has more than 25 patents. That number is expected to grow with the hospital's ongoing research initiatives. These advancements reflect how Scottish Rite Hospital's research efforts continually improve treatment methods for children with orthopedic conditions here and around the world. O









By Laura Be<mark>ntz</mark>

Patient Zach bounces back from life's challenges through lessons learned on the court.



>> WHEN CURTIS STEGER, a 6'5", 300 pound Dallas police officer, was informed that his son would be born with spina bifida, he fainted. Curtis had dreams for his son that included hunting, fishing and playing college-level basketball. Trying to comprehend this new reality was shocking. He no longer knew if his son would be able to do any of those things.

Now 18, Zach flies across the basketball court. The gym echoes with the rhythmic sound of the ball hitting the court and rubber squeaking against wood as Zach spins around to take his next shot. He is confident. He is strong. And he does not hesitate.

Swish. He scores.

Zach sits back in his wheelchair and smiles.

Many parents who bring their children to Scottish Rite Hospital understand what Curtis experienced. Learning to adapt to different expectations is a difficult thing. Curtis and his wife, Tracey, had to learn about their son's condition and the challenges he would face.

Spina bifida occurs when the spinal cord or the bones in the spine do not form properly during pregnancy. This causes a gap or an opening along the spine that can result in everything from a dark dimple on the back to seizures and paralysis. One of the ways Zach's spina bifida presented itself was through limited use of his legs.

Scottish Rite Hospital treats specific orthopedic spina bifida cases through its Pediatric Developmental Disabilities department. This department focuses on patients with developmental conditions that are accompanied by orthopedic issues. Under the care of Richard Adams, M.D., Zach was given expert treatment and learned how to cope with his condition.

"Words can't describe the love we have for Dr. Adams and the whole team at Scottish Rite Hospital," Curtis says. "Everyone there genuinely cares for our family and has a sincere interest in the well-being of all of our kids. It's really special."

In addition to medical care, Zach found healing on the athletic field. He has played just about every sport imaginable, including baseball, track and field and soccer. Competing in sports and staying active was the motivation that Zach needed to be strong in the face of his condition and other medical challenges he would face in life. His love for athletics runs deep, but when asked what his true passion is, Zach doesn't hesitate —basketball.

"Whenever I roll into a gym, nothing else really matters. Between the four lines on the court, I'm focused on one thing — playing basketball," Zach says. "All my work, everything else in my life, just fades away."

But basketball did not come easy for Zach. When he started playing in elementary school, he used crutches to move around the court. Yet the older he got, the more difficult it became to keep up with his peers. The people around him were getting faster, but Zach wasn't. He needed to discover a new way to play.

One summer when Zach was 8 years old, he played wheelchair basketball for the first time at Camp John Marc. The Texas-based facility provides specialized programs to patients of North Texas-area pediatric hospitals living with chronic medical and physical challenges.

Zach loved the freedom and speed he experienced while playing basketball in a wheelchair. "He couldn't stop smiling while going up and down the court," his mom, Tracey, recalls. "It was like he was flying."

In addition to his family and faith, basketball would be what kept Zach going after he was diagnosed with Hodgkin lymphoma at the age of 13. As Zach underwent chemotherapy that coincided with basketball season, he never missed a single game. For Zach, basketball was more than just a game; it was his lifeline and his outlet that helped him work through a difficult time.

During his battle with cancer, Zach was given the gift of a wish through the Make-A-Wish Foundation. After going to nationals with his wheelchair basketball team and seeing how polished some of the competition looked,

Zach celebrates with his teammates after winning the National Wheelchair Basketball Association national championship in 2011.



Zach realized that in order to compete like a winner, you need to look like a winner. So he used *his* wish to get new uniforms for his entire basketball program.

Reflecting on Zach's generosity, Curtis could not be more proud. "God gave us this child with these challenges for a reason," Curtis says. "We see blessings that extend beyond our family to all the lives he has touched and inspired. He touches people's lives in ways that I never could."

Zach has been cancer-free for nearly two years and today, the reality of his basketball success is bigger than his dad ever dreamed. He plays in the National Wheelchair Basketball Association and his team finished fourth in the nation this year. He has multiple colleges scouting him to play wheelchair basketball and is working daily toward a goal of being on the U.S. basketball team at the 2020 Tokyo Paralympic Games.

Above all else, Zach has learned how finding a passion and focusing on it can positively influence the trajectory of your health and life.

"We might face different challenges, but what human is the same? We're all different," he says. "It's what we *do* with those challenges that makes us successful in life and you can do anything you want to do." \bigcirc



Zach is a great competitor and shot put was one of the events he competed in at a track and field meet in Spring 2016. At his most recent meet, he won a gold medal in shot put, a silver in the 200 meter and a bronze in the 400 meter.

HOSPITAL HAPPENINGS | Spotlight on Events, Donors and Patients



HIGH FASHION, FAST CARS AND FABULOUS FOOD made Accessible Luxury a stylish event. Chairmen Emily and Buck Branson and Honorary Chairmen Tia and Kelly Kraft made the evening truly memorable. Special thanks go to the event's elegant venue, Park Place Premier Collection, as well as Eiseman Jewels, Beretta Gallery and the exclusive retailers of Highland Park Village. Thanks to all who made it a success! O L to R: Malcolm Gage, Fashion Show Emcee Courtney Kerr and Brian Bristow

J Lucy Wrubel





Eddie Dale and Honorary Co-chairman David Ewalt, M.D. (putting)

L to R: Kelly and Tia Kraft, and Emily and Buck Branson

Model from Campbell-Wagner Runway, LLC



L to R: Victoria Steible, Carolyn Key, Blaine and Lauren Iler





L to R: Fred Ligarde, hospital Trustee Ralph Wayne, Honorary Co-chairman Jerry Gray and hospital Assistant Chief of Staff and Foundation President Karl E. Rathjen, M.D.



L to R: Hospital Trustee Harold Carter, former patient Daniel Massey, UT Golf Club General Manager Steve Termeer and former patient and hospital staff member Desmond Blair



NINE YEARS AGO, former Tartan Golf Classic board member Jerry Gray had a vision to start a golf tournament in Austin to raise awareness and support for the hospital in Central Texas. This year, loyal supporters gathered on May 2 at the University of Texas Golf Club to participate in the tournament, which has exceeded \$1 million in proceeds for Scottish Rite Hospital. O



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HOSPITAL HAPPENINGS | Spotlight on Events, Donors and Patients



L to R: Patient Roston, age 7, of Hico; WWE Superstar AJ Styles; Dallas Cowboy Darren McFadden; Dallas Cowboys Cheerleaders Claire and Jessica; and WWE Diva Paige

WWE and Dallas Cowboys Visit

THIS SPRING, PATIENTS WERE TREATED to a visit from World Wrestling Entertainment "Superstars" and "Divas" as well as Dallas Cowboys football players and cheerleaders. These special guests took photos with the kids, made crafts and assisted with face painting. These organizations gave our patients the VIP treatment.

Patient Luis, age 4, of Garland, and WWE Superstar Sin Cara

Patient Andrew, age 11, of Little Elm, and Dallas Cowboy Gavin Escobar

Color of Friendship Luncheon

IN APRIL, THE HOSPITAL HOSTED MORE THAN 140 WOMEN for

the fifth annual Color of Friendship Luncheon. The event brings together women with a shared interest in supporting the mission of Scottish Rite Hospital. A highlight of the luncheon included a presentation by John A. "Tony" Herring, M.D., chief of staff emeritus, which featured stories from his 35-year career with the hospital. •

L to R: Kelly Doan, Sandy Jobe, Anne Rogers and Julie Corey





Patient Emi (at right), age 10, of Amarillo, and her friend and supporter Abby offer refreshments at the event.

Emi's Color Shoot

PATIENT EMI, ALONG WITH FAMILY AND FRIENDS, started a sporting clay shoot in Amarillo coordinated by Emi's Colorful Future Foundation. The event raises funds and awareness for Scottish Rite Hospital. In only two years, Emi's Color Shoot has generated \$145,000 in proceeds for the hospital. Thank you, Emi! ○



Scottish Rite Shootout

THIS SPRING, THE HOSPITAL HOSTED its second annual Scottish Rite Shootout tournament at Topgolf in Dallas. The event gives teenagers an opportunity to play golf, have fun with their friends and support the hospital. Thanks to all who participated! •



L to R: Participant Matthew, age 17, of Lewisville; patient Courtney, age 16, of Grand Prairie; patient Adriana, age 16, of Lancaster; participant Christina, age 16, of Dallas; participant Carina, age 18, of Grand Prairie; patient Lauren, age 16, of Dallas; and patient Colin, age 17, of Sherman



L to R: Meg Boyd, director of Volunteer Services; Matt Chance, senior vice president of Operations; volunteer Nancy Morris, the Samson Wiener award recipient; and Stephen Apple, Volunteer Executive Committee president

Volunteer Appreciation Week and Luncheon

THIS APRIL, WE WERE HONORED TO CELEBRATE our hospital friends who wear red jackets and dedicate their time to Scottish Rite Hospital. Volunteer Appreciation Week culminated in a luncheon and program to recognize the outstanding contributions of this group of more than 800 caring individuals. A huge thanks goes to our volunteers for their countless hours of commitment to the hospital. O



Farm & Ranch Day

THIS SPRING, TEXAS AGRICULTURE WAS CELEBRATED AT Reverchon Park! From pigs to horses and everything in

between, the hospital's 18th annual Farm & Ranch Day delivered all the wonders of rural America to Scottish Rite Hospital patients and children in the local community.

1. Participant Zemira, age 6, of Bedford

2. Participant James, age 2, of Richardson, and patient Clare, age 4, of Richardson *3. Participant Fernanda, age 5, of Dallas*

4. Participant Evie, age 2, of Dallas, with Lonnie Craine, representing the Texas A&M Agrilife Extension Service











TRUSTEE JIM CHAMBERS took up golf in his mid-50s. Time spent with friends on the course led to new opportunities. Chambers became a strong supporter of the Tartan Golf Classic, a signature tournament that benefits Scottish Rite Hospital. He also became a Mason. Through these commitments, his love for the hospital deepened and in 2009, he became a member of the board. His dedication to the hospital is in his blood, as the son of devoted, longtime hospital board member, the late James F. Chambers, Jr. But like any good golfer, Chambers took his own shots to get where he is — in a role that fits him to a tee, supporting the mission of Scottish Rite Hospital.

SCHITTER BITT HESPER

GREEN, GREEN GRASS OF HOME

Chambers was born and raised in Dallas, attended high school in the city and earned his undergraduate as well as his master's degree in business administration from Southern Methodist University. "My dad used to dove hunt where NorthPark Center is today," he laughs. "Dallas has grown incredibly, but it's a great city. I'm glad to call it home."

ON THE RIGHT COURSE

In the mid-90s, Chambers found two new passions in life — golf and Masonry. "I had two longtime friends and golfing buddies who were Masons and I decided to explore it," he explains. "Masonry has made me more appreciative of having solid values, like the responsibility that each of us has to make the world a better place."

DRIVE TO SUCCEED

After retiring as a high-level executive in the banking industry, Chambers welcomed the chance to support an institution like Scottish Rite Hospital. "To be a trustee is such a privilege," he says. "One of the hallmarks of the hospital is that it has top talent at absolutely every position. It's truly unique."

MAD ABOUT PLAID

"My dad was instrumental in starting the Tartan Golf Classic* in 1987 to benefit the hospital," Chambers says. "It means a lot to me to bear the Tartan plaid as the honorary co-chairman, along with my friend Win Padgett."

INTO THE WOODS

Sometimes venturing off the fairway is a good thing. "My wife, Betsy, likes the outdoors as much as I do," Chambers says. "We've hiked in Colorado and in West Texas at Big Bend. We love it."

GOING THE DISTANCE

What would Chambers say to a parent who is bringing their child to the hospital for the first time? "I would tell them to trust that Scottish Rite Hospital is going to do everything possible to make life better for their child," he says. "That's what I love about it." \bigcirc

*See page two to learn more about the Tartan Golf Classic's 30th anniversary.



Patient Embraces the Chance to Help Others

IT'S NOT EVERY DAY YOU SEE A 10-YEAR-

OLD in a scoliosis brace organizing a crawfish boil, but that's exactly what Scottish Rite Hospital patient Rowan, of Dallas,

does each year at her annual Crawfish for the Curve event. Since 2012, Rowan and her family have been serving up a Cajun feast as a way to raise awareness and money for the hospital where Rowan receives treatment for scoliosis. Motivated by a desire to help patients like her, Rowan has grown this event from a backyard family gathering to a full-blown neighborhood block party.

"Through this event, we have been able to tell others about the hospital and all the kids they help," says Rowan. Crawfish for the Curve has not only successfully raised awareness, the

event has raised more than \$40,000 for the treatment of scoliosis.

One of Rowan's most vivid memories from the hospital is visiting the Child Life playroom. "I felt really happy there," she recalls. "It was the first time I smiled after getting my body cast."

Rowan wants to give other patients the same positive experience, so a special part of her donation includes iPads specifically for the playroom. She hopes the devices will make other patients smile just like she did.

Rowan is a shining example of overcoming challenges and putting others first. Her advice to kids newly diagnosed with scoliosis is to embrace the condition. "What makes you different also makes you unique and special," she explains, "and that's a really good thing." O





PAY TO THE

Scoliosis

A special, 30-minute program titled, "The Mission of Texas Scottish Rite Hospital for Children," recently aired on Dallas-Fort Worth CBS channels 11 and 21.

In case you missed it - we invite you to view the segment on the hospital's website.

LIKE

Featuring:

- > Inspiring patient stories
- > Highlights about Scottish Rite Hospital's research and how it is advancing the practice of pediatric orthopedics
- > Examples of the many ways the hospital is giving children back their childhood

To see this informative and moving program in its entirety, please visit: scottishritehospital.org/CBS-Special.

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ABOUT TEXAS SCOTTISH RITE HOSPITAL FOR CHILDREN

Texas Scottish Rite Hospital for Children (TSRHC) is one of the nation's leading pediatric centers for the treatment of orthopedic conditions and sports injuries, as well as certain related arthritic and neurological disorders and learning disorders, such as dyslexia. Since its inception in 1921, TSRHC has provided medical care for more than 250,000 children. Patients receive treatment regardless of the family's ability to pay.

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